



MN USA Girls 2016 - 17 Tournament and Camp Schedule

Gold Dates: Peak And Taper For These Tournaments // **Blue Dates:** All Girls Practices // **Black Dates:** Tournaments, Camps/Clinics

All school age girls (grades K - 12) are eligible to participate in all practices as long as you have a current USA Wrestling Card - www.themat.com to purchase card

Date	Event	Location	Notes/Information
October 27 - 30	USA Cadet and Junior Training Camp	Los Angeles, CA.	Cadet and Juniors
11/21/16	First day of high school season	MN	Grades 7 - 12
12/4/16	MN USA Girls Practice	Augsburg College	All Ages 12:15 - 1:45
December 27 - 30	USA Cadet and Junior Training Camp	Phoenix, AZ.	Cadet and Juniors
January 1 - 7	USA Cadet and Junior Training Camp - Canada	Vancouver, Canada	Cadet and Juniors
1/8/17	MN USA Girls Practice	Augsburg College	All Ages 12:15 - 1:45
1/22/17	MN USA Girls Practice	Augsburg College	All Ages 12:15 - 1:45
1/29/17	MN USA Girls Practice	Augsburg College	All Ages 12:15 - 1:45
2/12/17	MN USA Girls Practice	Augsburg College	All Ages 12:15 - 1:45
February 14 - 22	Lady Klippan Open and Camp	Klippan, Sweden	Cadets, Juniors and Senior Women
2/19/17	MN USA Girls Practice	Augsburg College	All Ages 12:15 - 1:45
March 2 - 4	MSHSL State Wrestling Tournament	St. Paul Xcel Center	
3/5/17	MN USA Girls Practice	Augsburg College	All Ages 12:15 - 1:45
3/11/17	MN USA Girls State Folkstyle	Rochester, MN	All Ages
3/18/17	Minnesota Girls High School State Tournament	Anoka	Grades 7 - 12
3/19/17	MN USA Girls Practice	Augsburg College	All Ages 12:15 - 1:45
March 21 - 23	USA Cadet and Junior Training Camp	Oklahoma City, OK	Cadets and Juniors
March 23 - 25	USA Girls, Kids, Cadet and Junior Folkstyle Nationals	Oklahoma City, OK	All Ages
April 7 - 9	MN vs. Wisconsin Border Battle and Camp	River Falls, WI	All Ages. One dual meet match sandwiched by a training camp
4/2/17	MN USA Girls Practice	Augsburg College	All Ages 12:15 - 1:45
4/30/16	MN USA Girls Practice	Augsburg College	All Ages 12:15 - 1:45
April 27 - 30	USA Cadet and Junior Training Camp	Colorado Springs, CO	Cadets and Juniors
5/7/17	MN USA Girls Practice	Augsburg College	All Ages 12:15 - 1:45
5/13/17	MN USA Girls State Freestyle	Monticello	All Ages
5/20/17	Northern Plains	Rochester, MN	All Ages
May 19 - 21	UWW Cadet/Junior World Team Trials/Body Bar	Irving, TX	All Ages
June 10 - 18	MN and WI Tour Of America	Upper Midwest	Practices, Duals, OTC and other stops. Cadets and Juniors. Tentative schedule.
June 10 - 18	Girls Wrestling Camp	TBD	All Ages
June 27 - July 3	WI Pre Fargo Training Camp	River Falls, WI	MN participates June 27 - 30
June 29 - 30	USA Kids Freestyle and Greco Nationals	Atlanta, GA	Schoolgirl and younger
July 8 - 10	MN USA Fargo Camp	Minneapolis, MN	Augsburg - Tentative - Possibly July 9 -11
July 16 - 18	USA Cadet Freestyle Nationals	Fargo, ND	Weigh-in Sun, July 16, 6:00-6:15 PM. Wrestle 9:00 AM Mon. Finals Tues
July 19 - 21	USA Junior Freestyle Nationals	Fargo, ND	W-in Wed, 7-19, 7-7:15 AM. Wrestle 3:00 PM. W-in/Wrestle Thurs. Finals Fri
7/22/17	USA Girls Junior Duals	Fargo, ND	Weigh-in TBD
August 27 - Sept 4	USA Cadet World Team Camp	TBD	Cadets and Juniors
September 5 - 10	UWW Cadet World Championships	Athens, Greece	TBD

****All MN USA and USA affiliated tournaments listed count toward the Minnesota Top Ten Girl Wrestlers, Top 3 Cadet and Top 3 Junior Awards****

All practices will be run by current MN/USA Girls/Womens' coaching staff Chad Shilson, Ali Bernard and Kelli Rasmussen. Other coaches are welcome and encouraged to participate.

All practices will be on Sundays, from 12:15 - 1:45 (unless noted)

Location: Augsburg College – Si Melby Hall & The Kennedy Center – Wrestling Room

[715 23rd Avenue South, Minneapolis, MN 55454](#) See map: [Google Maps](#)

Practice dates are subject to change throughout the season. Notification of changes will be emailed and posted here. The tournament dates are tentative and will be confirmed as early as possible.

Chad Shilson	Ali Bernard	Kelli Rasmussen
MN USA Wrestling –	MN USA Wrestling	MN USA Wrestling
Girls/Womens	Assistant Director/Coach	Girls/Womens' Coach
Director & Coach	asbernard86@gmail.com	kiras87@gmail.com
mnusagirls@gmail.com		

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