



University of Minnesota Coaches Clinic

October 28th, 2016

Reece Humphrey

2x University World Medalist
 3x US Open Champion
 3x World Team Member
 2x NCAA All-American
 3x Indiana State Champion

Mark Schwab

2x NCAA All-American
 4x Iowa State Champion
 Coached 8 NCAA Champions &
 72 All-Americans in 23 years
 Master Degree in Sports
 Psychology

Jared Lawrence

Junior World Bronze Medalist
 3x US National Team Member
 NCAA Champion
 4x All-American
 4x Undefeated State Champion

TIMES:	SCHEDULE:	INFORMATION:
12:00-12:45	Registration	Bierman Lower Level
12:45-1:15	Brandon Eggum	Welcome & 2016-17 Gopher Season Outlook
1:15-2:15	Mark Schwab	Mental Aspects of Competing
2:30-3:30	Reece Humphrey	Technique
3:45-5:00	University of Minnesota Wrestling Team	Live Practice
6:00-6:45	Jared Lawrence	Technique
7:00-8:00	Reece Humphrey	Technique
8:30-	Social	Blarney's Pub

\$100

UNIVERSITY OF MINNESOTA COACHES CLINIC (This price includes the pre-registration discount)

***ADDITIONAL \$15 FEE IF: PRE-REG. FORM IS NOT RECEIVED BY OCTOBER 21st and for all walk-ups.**

Hotel Discount (ask for MN Gophers Wrestling Coaches Clinic)

Days Inn Minneapolis - \$109.00 **Limited number of rooms**
 2407 University Ave SE Minneapolis, MN 55414
 (612) 623-9303 **Rates available until October 14th**

FOR ADDITIONAL INFORMATION

Contact: Jordan Kingsley
Email: kings192@umn.edu
Phone: (952) 406-1589
Website: www.minnesotawrestlingevents.com

-----Please Cut Before Mailing-----

Checks Payable To: **Minnesota Wrestling Events**
 Mail Forms To: **P.O. Box 14253**
Mpls, MN 55414 (*Must Receive by Oct. 21st to avoid \$15 late fee.)

School/Club:	(\$100) U of M Coaches Clinic	(\$115) Late Registration If received after Oct. 21st	
Name:	Email:	Ph # () -	
Address:	City:	State:	Zip: