

**S
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7
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Team Standings

- 1 (228.5) Pierz
- 2 (219.5) Holdingford
- 3 (197) Aitkin
- 4 (133.5) Mille Lacs
- 5 (106.5) Royalton-Upsala
- 6 (97) Mpls Patrick Henry
- 7 (51) Crosby-Ironton
- 8 (33) Columbia Heights
- 9 (30) Ogilvie
- 10 (11) Mpls North

**W
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**I
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d**

Section 7A Wrestling Individual Tournament – Place Winners

106

1. Zach Scott (Holdingford)
{32 – 9}
2. Kolton Eischens (Pierz)
{35 – 7}
3. Caleb Voss (Crosby-Ironton)
{21 – 9}
4. Dan Nordean (Aitkin)
{2 – 8}
5. Yeelang Moua (Mpls Patrick Henry)
{20 – 19}
6. Kris Kohlgraf (Mille Lacs)
{18 – 17}

120

1. Chris Ortman (Pierz)
{33 – 8}
2. Adam Lane (Holdingford)
{20 – 15}
3. Jerod Novak (Aitkin)
{27 – 8}
4. Brad Kroll (Royalton-Upsala)
{16 – 17}
5. Cody Lasher (Crosby-Ironton)
{21 – 15}
6. Tim Kent (Mille Lacs)
{12 – 16}

132

1. Cody Whitney (Mille Lacs)
{32 – 3}
2. Brian Wold (Aitkin)
{27 – 7}
3. Trevor Scott (Holdingford)
{31 – 4}
4. Brett Kapsner (Pierz)
{14 – 23}
5. Brett Nelson (Crosby-Ironton)
{12 – 16}
6. Rumen Hulmequist (Mpls Patrick Henry)
{10 – 30}

113

1. Evan Weitalla (Pierz)
{32 – 9}
2. Luke Thompson (Mille Lacs)
{26 – 12}
3. Jack Braton (Aitkin)
{21 – 13}
4. Clem Gerads (Holdingford)
{14 – 17}
5. Matt Malloy (Crosby-Ironton)
{13 – 12}
6. Matt Neu (Royalton-Upsala)
{12 – 23}

126

1. Andy Poster (Royalton-Upsala)
{34 – 0}
2. Jake Hickerson (Ogilvie)
{24 – 8}
3. Galen Piwowar (Holdingford)
{9 – 6}
4. Brandon Sullivan (Pierz)
{29 – 12}
5. Noah Landrus (Aitkin)
{18 – 18}
6. Joe Sura (Crosby-Ironton)
{17 – 17}

138

1. Michael Jarnot (Holdingford)
{40 – 0}
2. Nik Borchert (Mille Lacs)
{31 – 8}
3. Jordon Goebel (Pierz)
{14 – 24}
4. Adam Jackson (Aitkin)
{21 – 15}
5. Ty Held (Royalton-Upsala)
{3 – 8}
6. Malik Henry (Mpls Patrick Henry)
{1 – 16}

Section 7A Wrestling Individual Tournament – Place Winners

145

1. Kyle Gerads (Holdingford)
{31 – 8}
2. Alex Julich (Pierz)
{19 – 12}
3. Shawn Urbanski (Royalton–Upsala)
{16 – 15}
4. Shawn Philipp (Aitkin)
{15 – 20}
5. David Brenner (Columbia Heights)
{3 – 6}
6. Maverick Cain (Mpls Patrick Henry)
{5 – 20}

160

1. Mitch Lange (Royalton–Upsala)
{34 – 2}
2. Isaac Novak (Aitkin)
{12 – 6}
3. Kyle Kolstad (Holdingford)
{18 – 14}
4. Trent Davis (Pierz)
{15 – 25}
5. Matthew Petty (Mille Lacs)
{18 – 11}
6. Byng Parsons (Mpls Patrick Henry)
{8 – 14}

182

1. Andy Sammis (Mille Lacs)
{18 – 9}
2. Nick Lochner (Pierz)
{19 – 11}
3. Yasir Shabazz (Mpls Patrick Henry)
{25 – 13}
4. Matt Messman (Holdingford)
{14 – 8}
5. Lucas Anderson (Aitkin)
{4 – 4}

152

1. Jordan Chouanard (Aitkin)
{35 – 1}
2. Brad Meyer (Pierz)
{33 – 7}
3. Tyler Schwartz (Holdingford)
{12 – 9}
4. Damerius Gilmer (Mpls Patrick Henry)
{18 – 23}
5. Zac Virnig (Mille Lacs)
{20 – 16}
6. Jarrod Picken (Columbia Heights)
{10 – 15}

170

1. Nathan Tomala (Pierz)
{35 – 3}
2. Adam Bast (Aitkin)
{26 – 7}
3. Nathan Brinker (Holdingford)
{9 – 12}
4. D'Aireus Mock (Columbia Heights)
{7 – 5}
5. Tyshel Bonner (Mpls Patrick Henry)
{16 – 6}
6. Tyler Knutson (Mille Lacs)
{24 – 12}

195

1. Mitch Messman (Holdingford)
{29 – 8}
2. Dustin Waytashek (Pierz)
{29 – 11}
3. Alan Bast (Aitkin)
{20 – 15}
4. Shaheem Dukes (Mpls Patrick Henry)
{28 – 13}
5. Joel Jensen (Mille Lacs)
{17 – 20}
6. Ahmed Hassan (Columbia Heights)
{5 – 10}

Section 7A Wrestling Individual Tournament – Place Winners

220

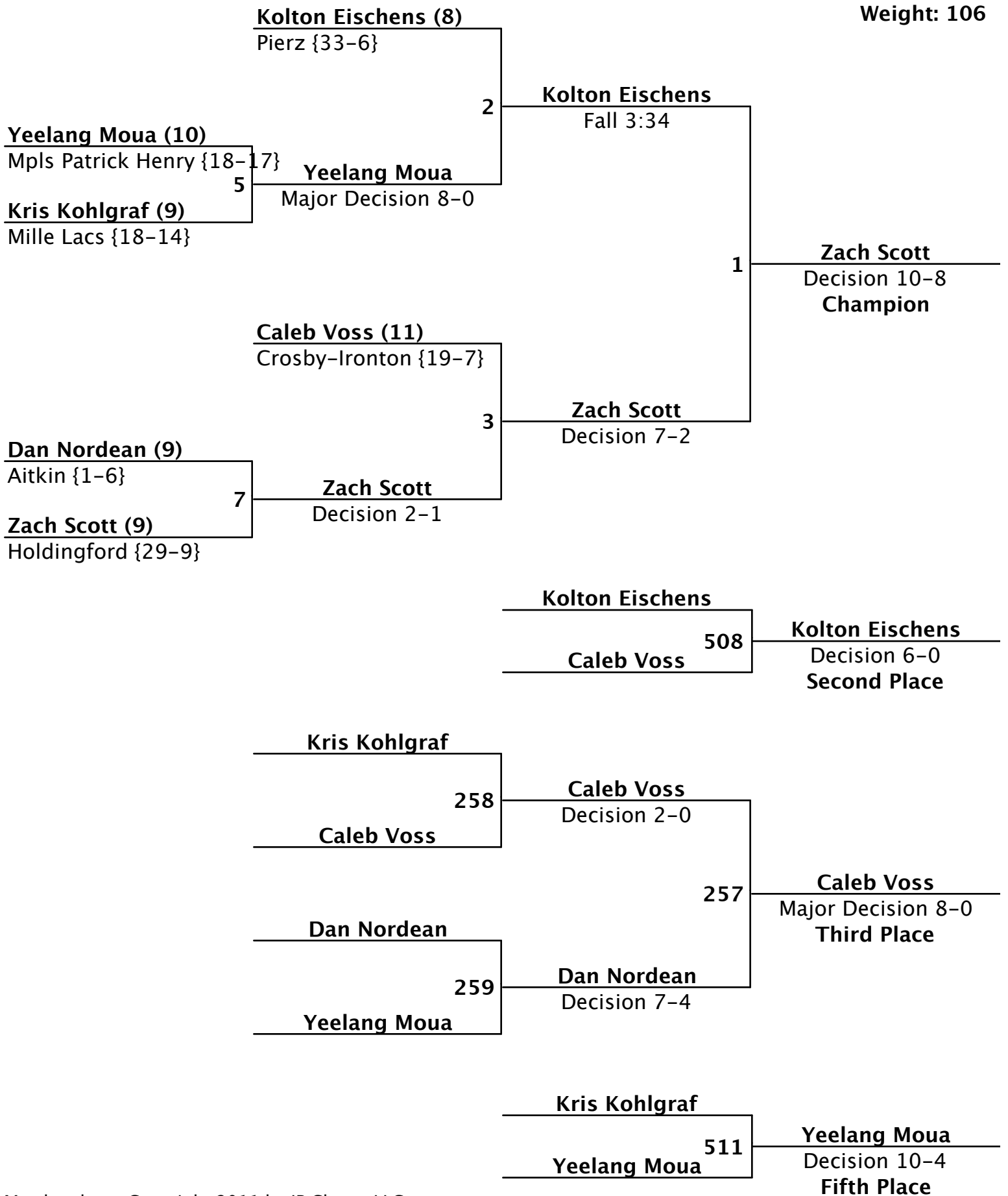
1. Cory Wensmann (Royalton–Upsala)
{30 – 7}
2. Ryley Smude (Pierz)
{24 – 14}
3. Kyle Carda (Ogilvie)
{28 – 7}
4. Kelsey Bocek (Mpls Patrick Henry)
{30 – 10}
5. Mitch Merten (Holdingford)
{24 – 17}
6. Abbas Alwanan (Columbia Heights)
{10 – 18}

285

1. Cooper Blau (Aitkin)
{23 – 10}
2. Eric Shaw (Mpls Patrick Henry)
{22 – 12}
3. Cole Grinsteinner (Crosby–Ironton)
{22 – 15}
4. Jessie Williams (Mpls North)
{2 – 2}
5. Ben Sam (Mille Lacs)
{26 – 13}
6. Malcom Dewar (Holdingford)
{10 – 15}

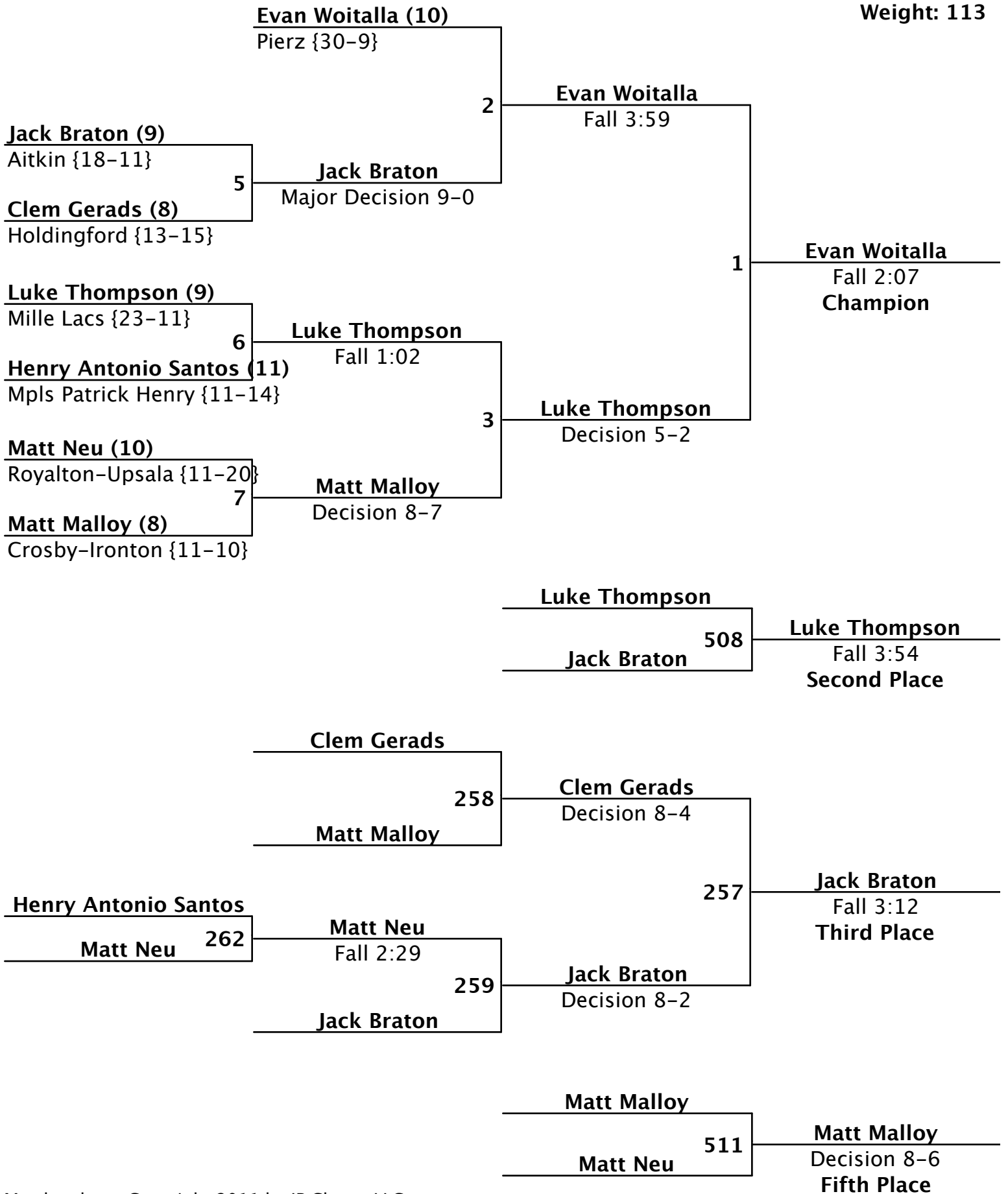
Section 7A Wrestling Individual Tournament

Weight: 106



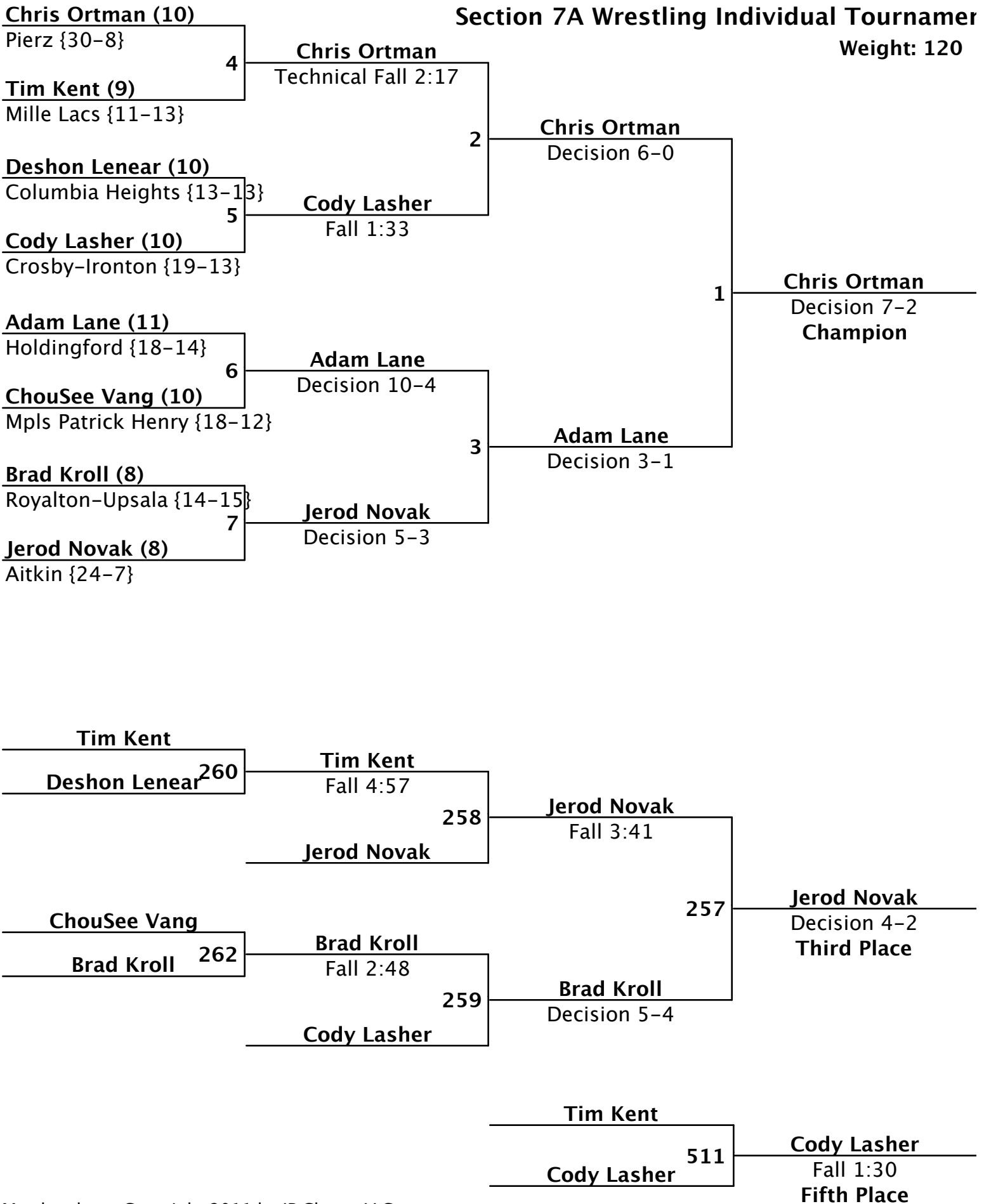
Section 7A Wrestling Individual Tournament

Weight: 113



Section 7A Wrestling Individual Tournament

Weight: 120



Section 7A Wrestling Individual Tournament

Weight: 126

Andy Poster (12)

Royalton-Upsala {31-0}

4

Andy Poster

Technical Fall 4:07

Tristan Nieken (9)

Mille Lacs {5-13}

2

Andy Poster

Major Decision 13-2

Noah Landrus (8)

Aitkin {16-16}

5

Galen Piowar

Decision 4-3

Galen Piowar (12)

Holdingsford {6-4}

1

Andy Poster

Decision 5-2

Champion

Brandon Sullivan (10)

Pierz {27-10}

6

Brandon Sullivan

Decision 7-3

Joe Sura (10)

Crosby-Ironton {17-14}

3

Jake Hickerson

Decision 5-4

Jake Hickerson (11)

Ogilvie {22-7}

Jake Hickerson

508

Galen Piowar

Jake Hickerson

Decision 8-6

Second Place

Tristan Nieken

Noah Landrus 260

Noah Landrus

Fall 3:19

258

Brandon Sullivan

Fall 4:00

Brandon Sullivan

257

Galen Piowar

Decision 9-3

Third Place

Joe Sura

259

Galen Piowar

Decision 6-0

Galen Piowar

Noah Landrus

511

Joe Sura

Noah Landrus

Win by Default

Fifth Place

Section 7A Wrestling Individual Tournament

Weight: 132

Cody Whitney (12)

Mille Lacs {29-3}

Rumen Hulmequist (11)

Mpls Patrick Henry {10-27}

Brian Wold (11)

Aitkin {25-6}

Brett Kapsner (7)

Pierz {12-21}

Basil Muhammad (9)

Columbia Heights {7-10}

Trevor Scott (11)

Holdingford {28-3}

Cody Whitney

Fall 1:05

4

Brett Nelson (10)

Crosby-Ironton {11-14}

2

Cody Whitney

Technical Fall 19-3 4:09

1

Cody Whitney

Decision 9-4

Champion

6

Brian Wold

Fall 1:59

3

Brian Wold

Decision 10-5

7

Trevor Scott

Fall 4:36

Rumen Hulmequist

258

Trevor Scott

Trevor Scott

Fall 1:34

257

Trevor Scott

Win by Default

Third Place

Brett Kapsner

262

Basil Muhammad

Brett Kapsner

Decision 8-2

259

Brett Kapsner

Decision 2-0

Brett Nelson

Rumen Hulmequist

511

Brett Nelson

Brett Nelson

Decision 9-5

Fifth Place

Section 7A Wrestling Individual Tournament

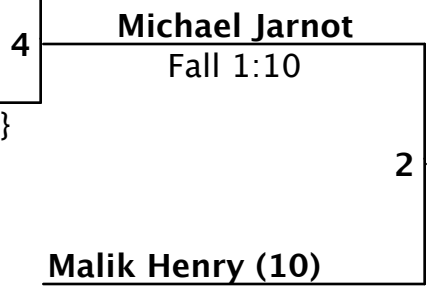
Weight: 138

Michael Jarnot (12)

Holdingsford {37-0}

Ty Held (7)

Royalton-Upsala {2-6}



Malik Henry (10)

Mpls Patrick Henry {1-13}

Michael Jarnot

Fall 1:08

1

Michael Jarnot

Fall 1:23

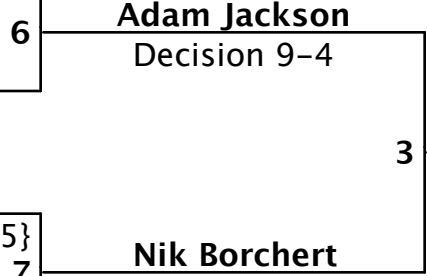
Champion

Adam Jackson (12)

Aitkin {19-13}

Jordon Goebel (10)

Pierz {11-22}



Nik Borchert

Decision 6-2

Ibrahim Dawould (9)

Columbia Heights {3-5}

Nik Borchert (9)

Mille Lacs {28-7}



Nik Borchert

508

Jordon Goebel

Nik Borchert

Decision 4-3

Second Place

Ty Held

258

Adam Jackson

Adam Jackson

Fall 1:29

257

Jordon Goebel

Fall 4:47

Third Place

Jordon Goebel

262

Ibrahim Dawould

Jordon Goebel

Fall 1:49

259

Malik Henry

Jordon Goebel

Fall 0:43

Ty Held

511

Malik Henry

Ty Held

Fall 0:59

Fifth Place

Section 7A Wrestling Individual Tournament

Weight: 145

Kyle Gerads (10)

Holdingsford {28-8}

Maverick Cain (8)

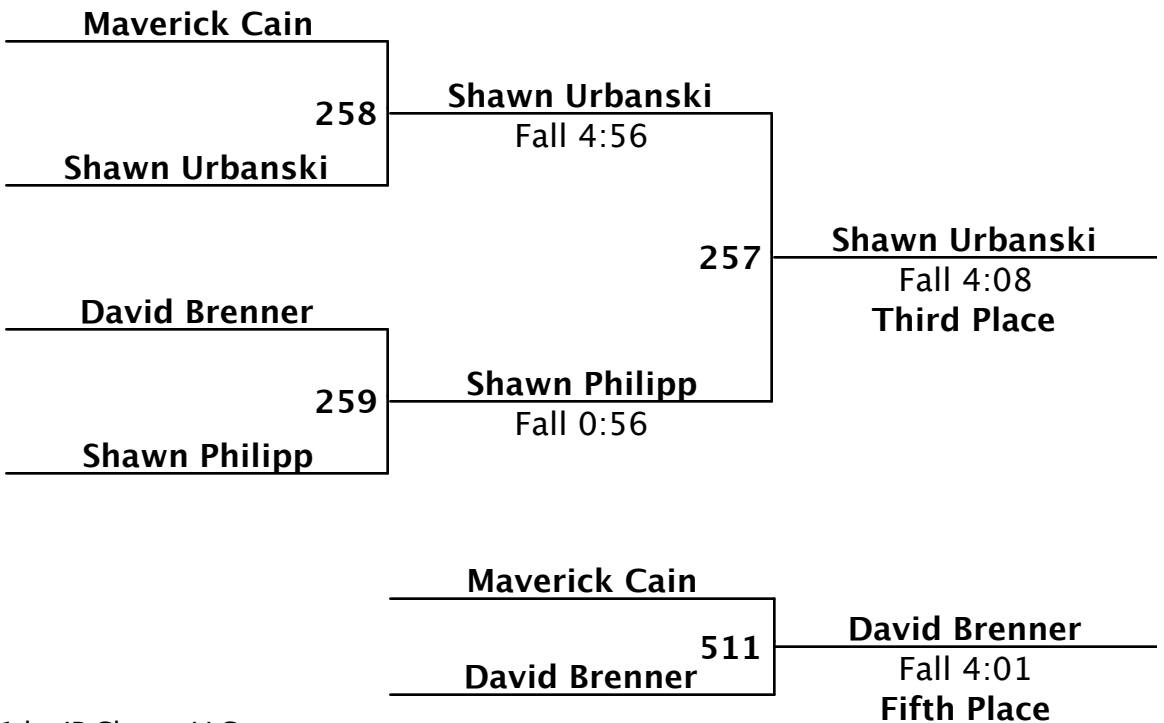
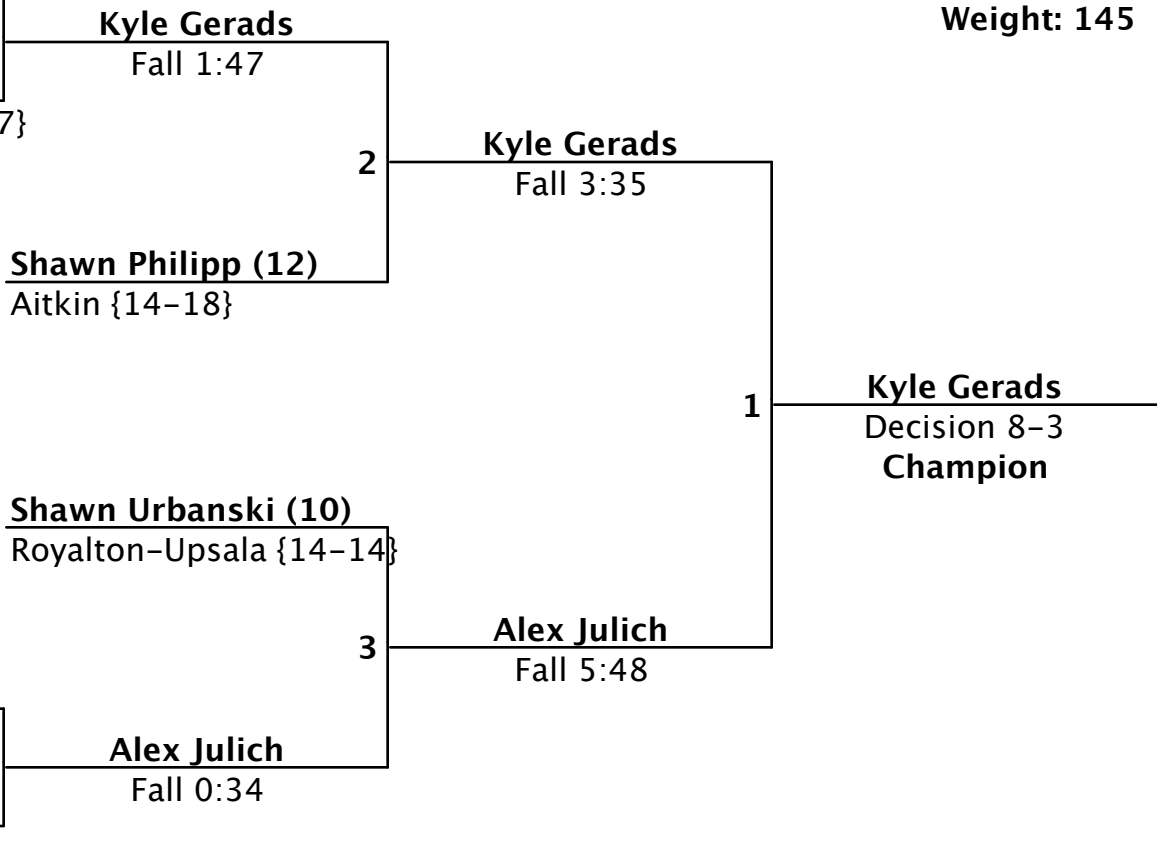
Mpls Patrick Henry {5-17}

David Brenner (9)

Columbia Heights {2-4}

Alex Julich (12)

Pierz {17-11}



Section 7A Wrestling Individual Tournament

Weight: 152

Jordan Chouanard (12)

Aitkin {32-1}
4

Derrick Brown (10)
Crosby-Ironton {5-23}

Damerius Gilmer (10)
Mpls Patrick Henry {16-21}

Zac Virnig (11)
Mille Lacs {18-14}

Tyler Schwartz (11)
Holdingford {9-8}

Tim Valencia-Louden (8)
Royalton-Upsala {1-6}

Jarrold Picken (11)
Columbia Heights {9-12}

Brad Meyer (11)
Pierz {31-6}

Derrick Brown
Zac Virnig 260

Tim Valencia-Louden
Jarrod Picken 262

Zac Virnig
Jarrod Picken 511

Jordan Chouanard

Fall 1:16

Damerius Gilmer

Decision 9-5

Tyler Schwartz

Technical Fall 4:00

Brad Meyer

Fall 1:59

Zac Virnig

Decision 4-2

Tyler Schwartz

Jarrold Picken

Fall 4:26

Damerius Gilmer

Jordan Chouanard

Fall 2:37

Brad Meyer

Technical Fall 19-4 6:00

Tyler Schwartz

Decision 8-6

Damerius Gilmer

Fall 2:41

Zac Virnig

Jarrold Picken

1

Jordan Chouanard

Decision 9-3

Champion

257

Tyler Schwartz

Decision 9-4

Third Place

258

259

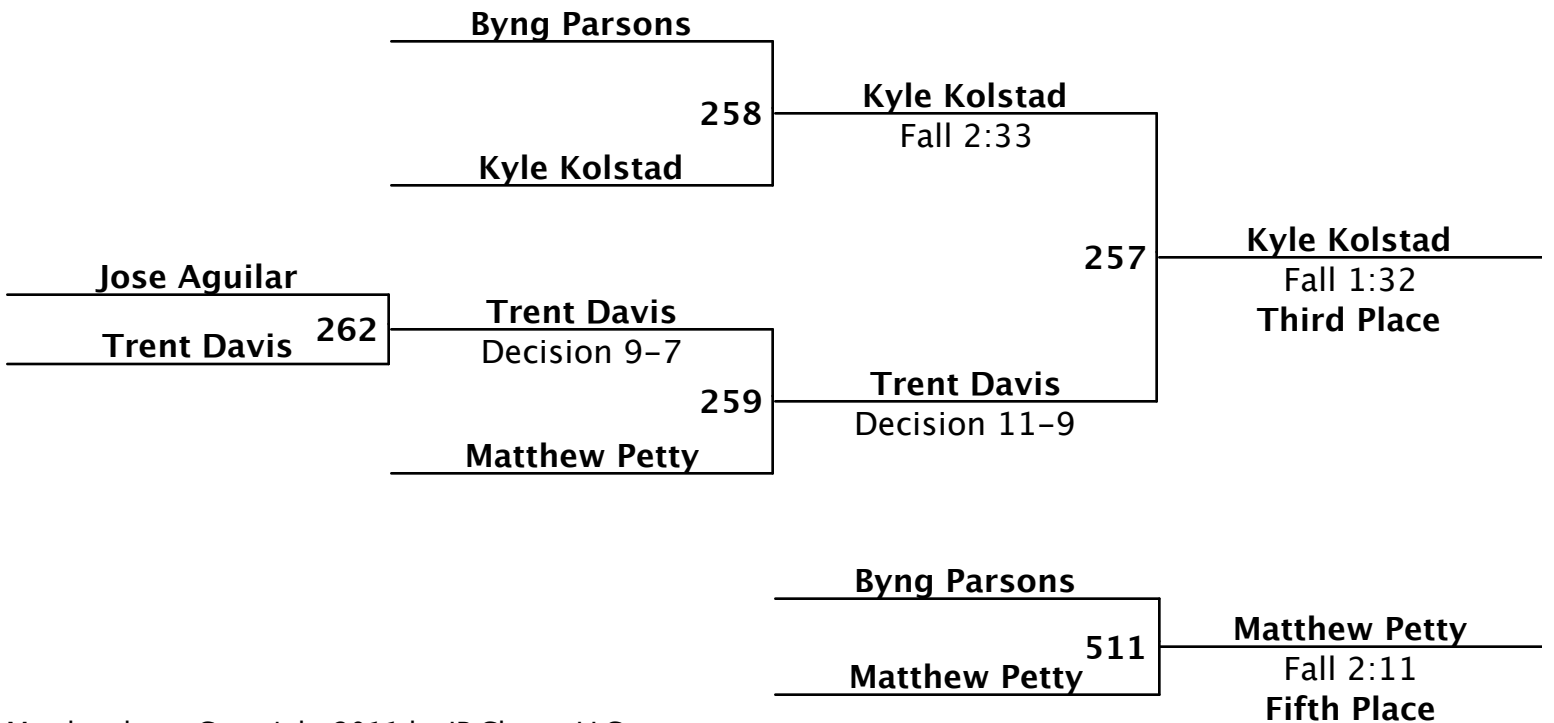
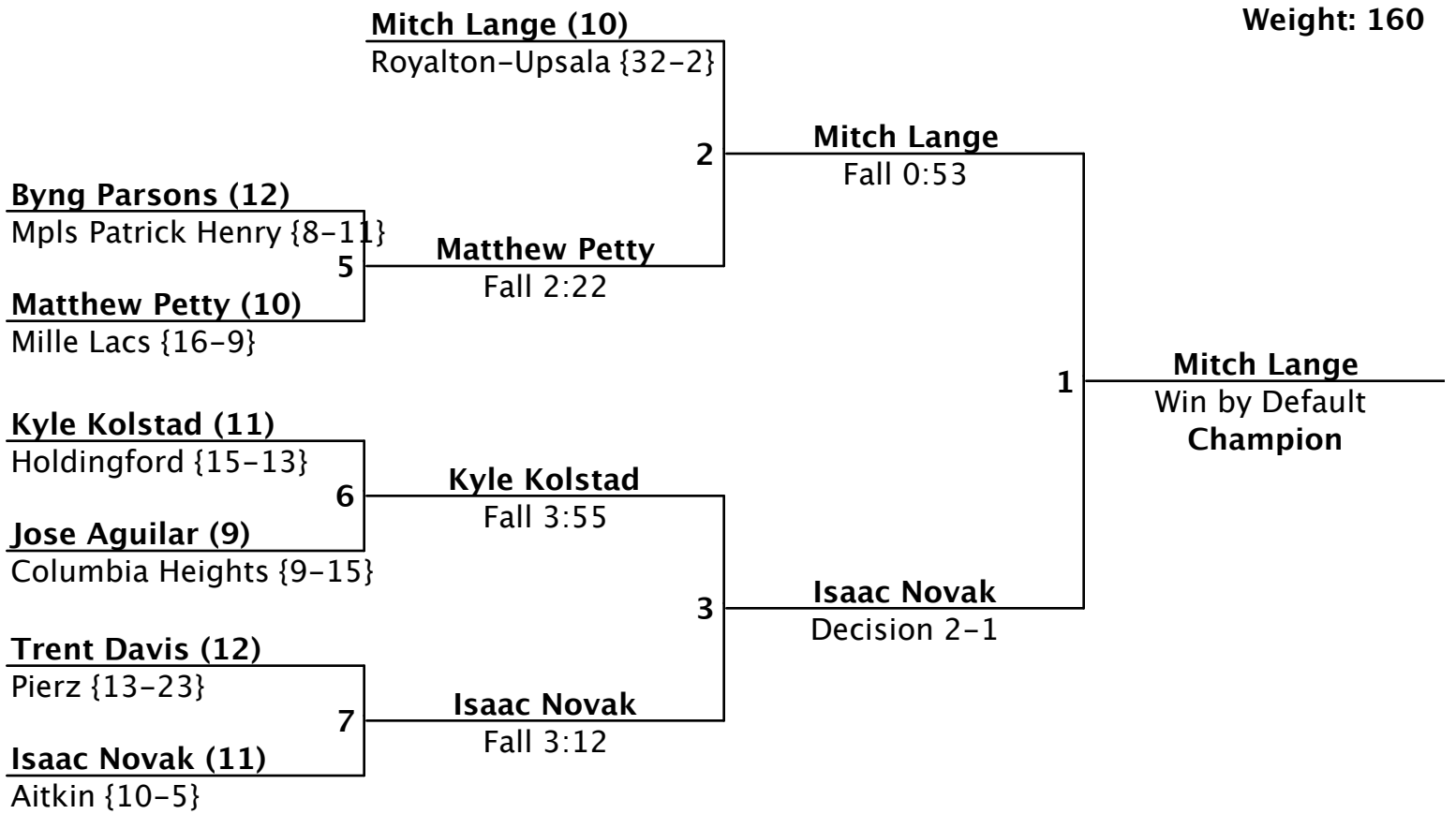
Zac Virnig

Fall 2:30

Fifth Place

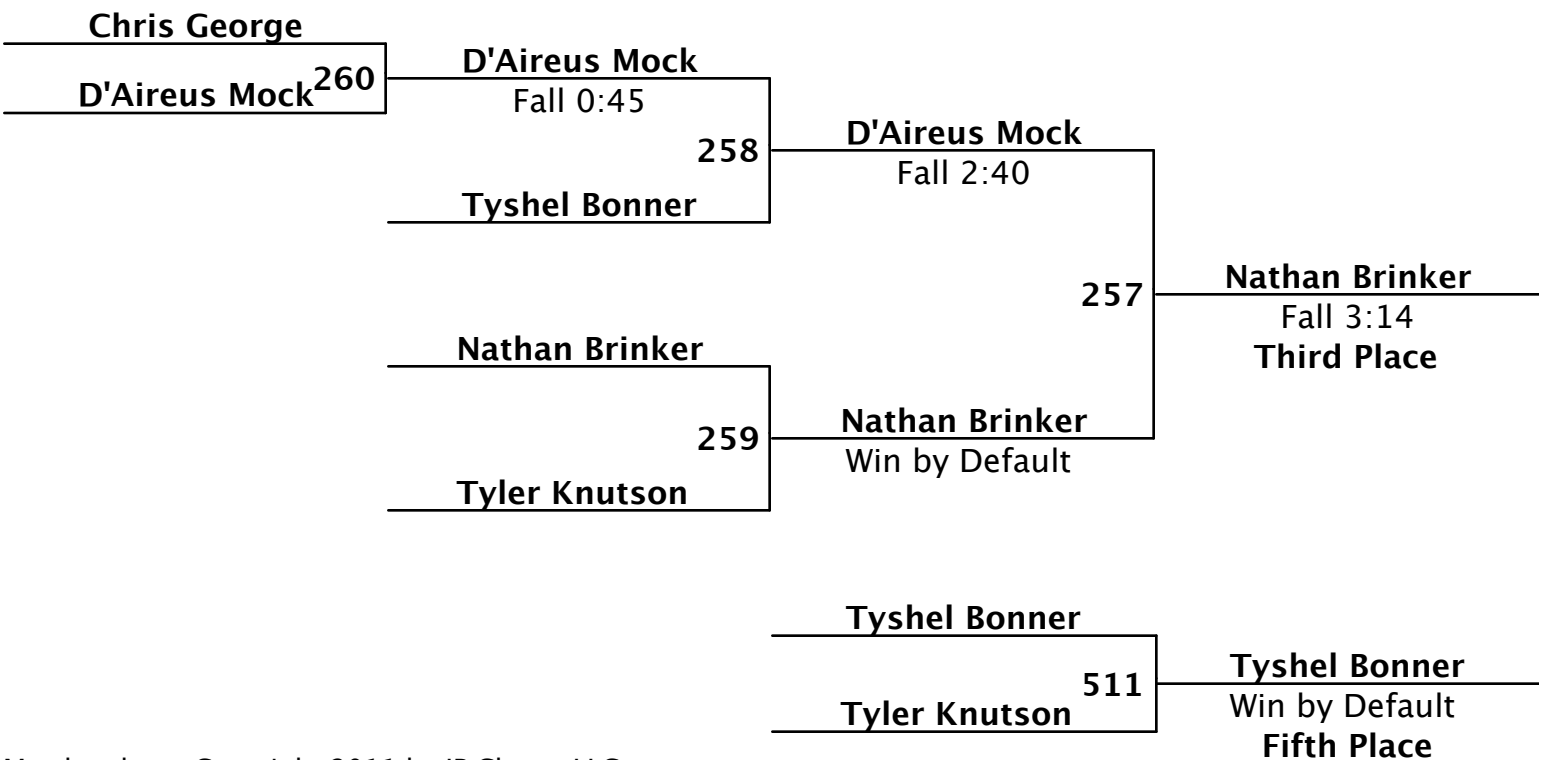
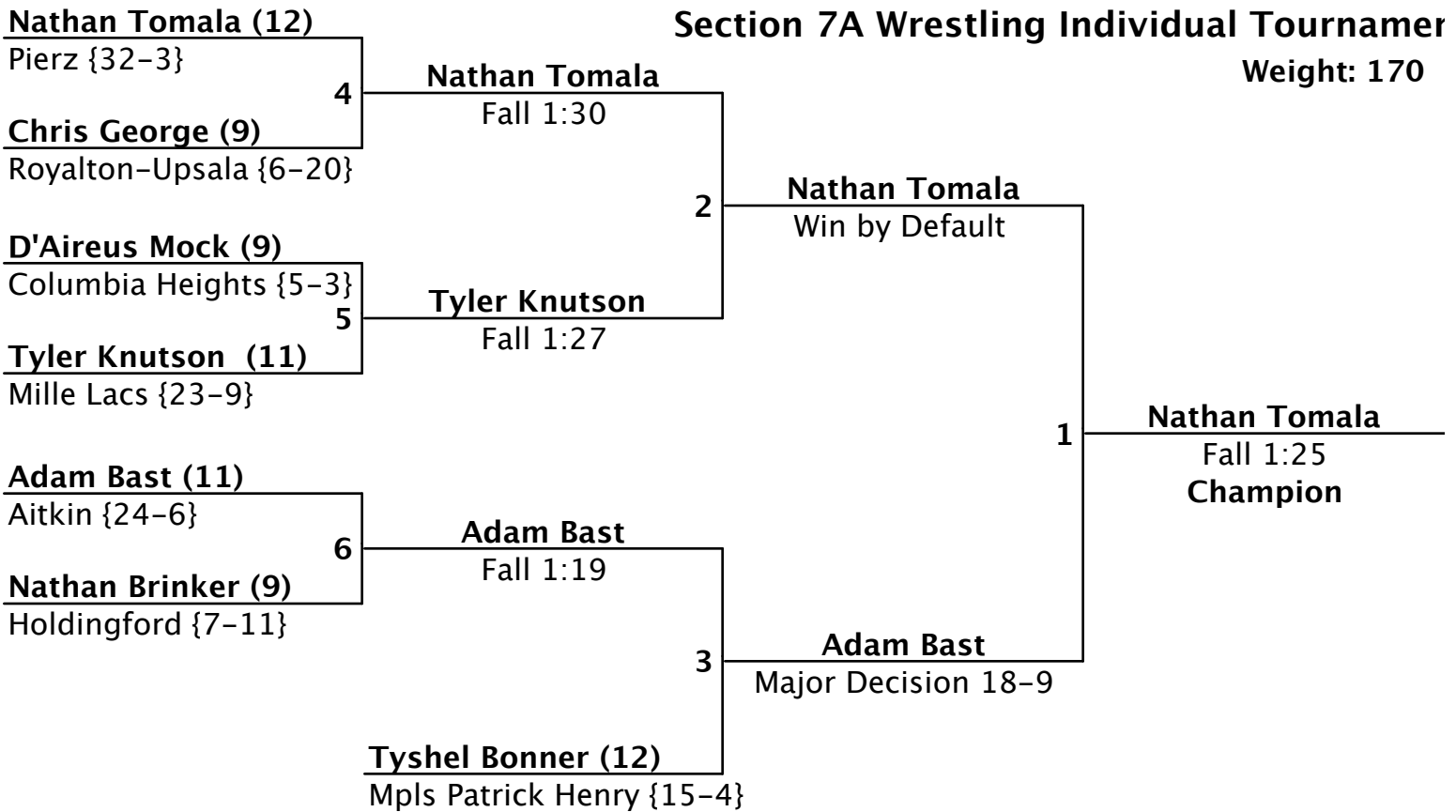
Section 7A Wrestling Individual Tournament

Weight: 160



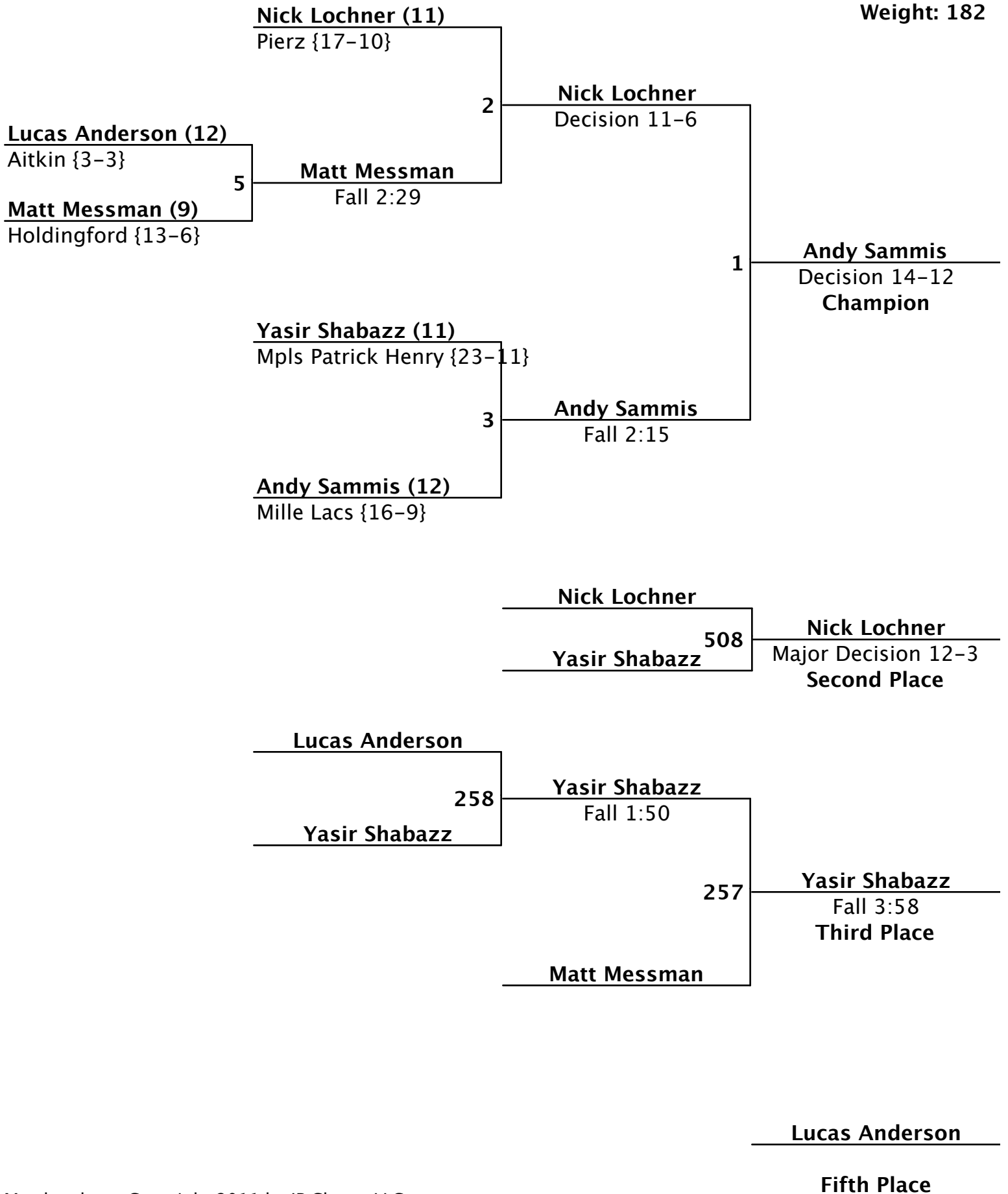
Section 7A Wrestling Individual Tournament

Weight: 170



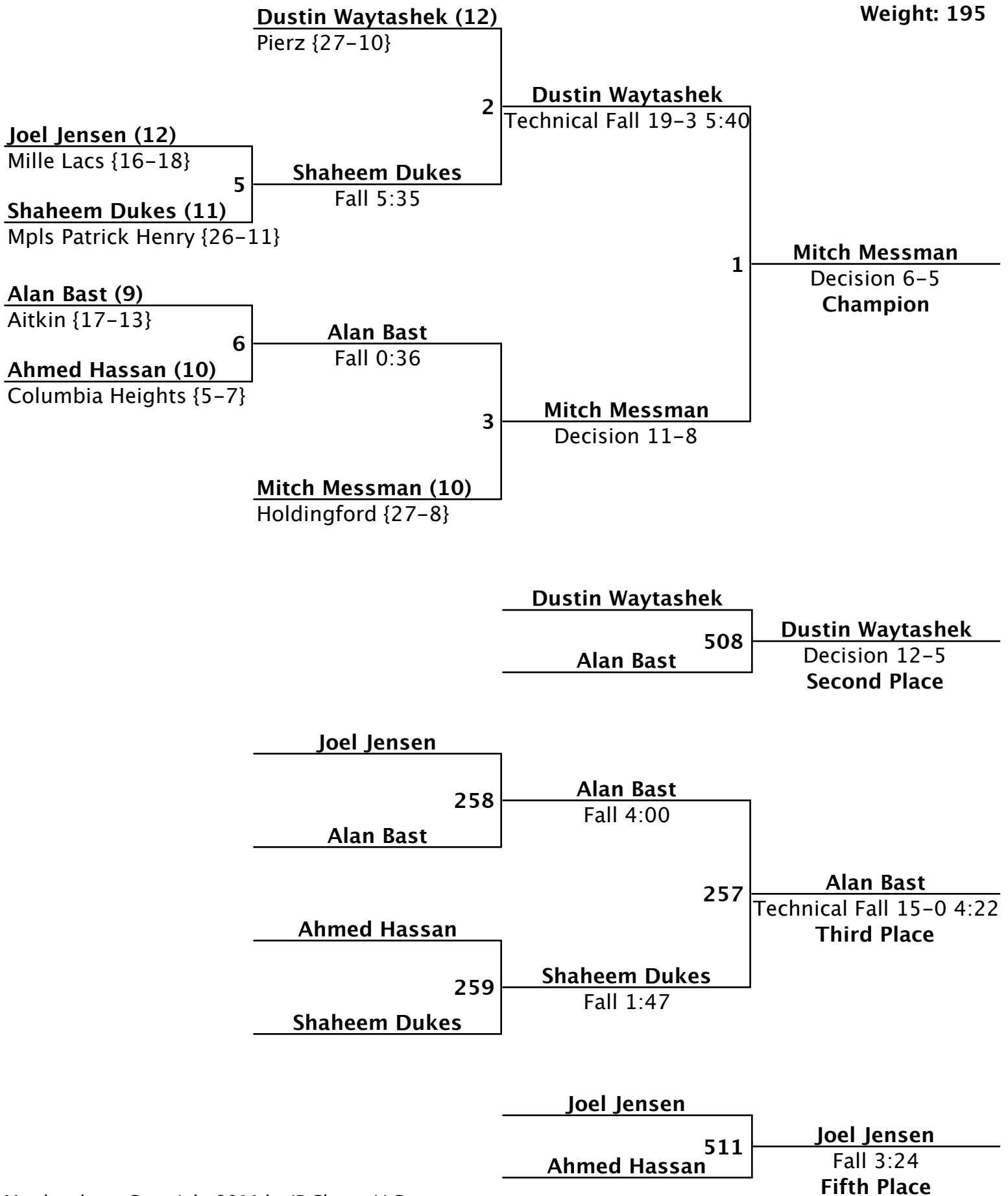
Section 7A Wrestling Individual Tournament

Weight: 182



Section 7A Wrestling Individual Tournament

Weight: 195



Section 7A Wrestling Individual Tournament

Weight: 220

Cory Wensmann (11)

Royalton-Upsala {27-7}

4

Cory Wensmann

Fall 1:08

Kenneth Bidlen (12)

Mille Lacs {4-13}

2

Cory Wensmann

Decision 2-0

Mitch Merten (10)

Holdingsford {22-15}

5

Kelsey Bocek

Decision 5-1

Kelsey Bocek (11)

Mpls Patrick Henry {28-8}

1

Cory Wensmann

Decision 3-0

Champion

Ryley Smude (10)

Pierz {22-13}

6

Ryley Smude

Fall 1:20

Anthony Ashton (11)

Aitkin {8-16}

3

Ryley Smude

Decision 3-1

Abbas Alwanan (10)

Columbia Heights {9-15}

7

Kyle Carda

Fall 3:29

Kyle Carda (12)

Ogilvie {25-6}

Kenneth Bidlen

Mitch Merten 260

Mitch Merten

Fall 2:09

258

Kyle Carda

Decision 4-2

Kyle Carda

257

Kyle Carda

Decision 5-3 3OT

Third Place

Anthony Ashton

Abbas Alwanan 262

Abbas Alwanan

Decision 7-3

259

Kelsey Bocek

Fall 1:25

Kelsey Bocek

Mitch Merten

511

Abbas Alwanan

Mitch Merten

Fall 1:22

Fifth Place

Section 7A Wrestling Individual Tournament

Weight: 285

Cooper Blau (12)

Aitkin {20-10}

Austin Hackett (12)

Royalton-Upsala {13-18}

Jessie Williams (12)

Mpls North {0-0}

Cole Grinsteiner (10)

Crosby-Ironton {19-13}

Travis Johnson (11)

Pierz {22-14}

Eric Shaw (12)

Mpls Patrick Henry {19-11}

Malcom Dewar (10)

Holdingsford {9-12}

Ben Sam (12)

Mille Lacs {24-11}

Austin Hackett

Jessie Williams 260

Travis Johnson

Ben Sam 262

Cooper Blau

Technical Fall 5:45

Cole Grinsteiner

Decision 2-0 OT

Eric Shaw

Decision 2-0

Malcom Dewar

Win by DQ 1-0

Cooper Blau

Fall 2:40

Eric Shaw

Win by Default

Eric Shaw

Cole Grinsteiner 508

Jessie Williams

Win by Default

Cole Grinsteiner

Decision 7-4

Malcom Dewar

Ben Sam 511

Cooper Blau

Fall 1:42

Champion

Eric Shaw

Decision 5-0

Second Place

Cole Grinsteiner

Fall 5:44

Third Place

Ben Sam

Win by Default

Fifth Place