

# HLWW Lakers K-6 Team Tournament

## Sunday, February 3<sup>rd</sup> 2019

Location: Howard Lake Waverly Winsted High School Gym  
8700 County Rd 6 SW  
Howard Lake, MN 55349

Admission: Adults \$5; Students Free      Concessions will be available

### 8 Teams:

- 4 Dual Matches Each Session – 3 Sessions Total
- 2 Full Mats, 1 Mat Divided Into 2 Sections

### Weigh-In:

- 8:30 am – 9:30 am (coaches meeting at 9:45 am)
- Tenths will be covered

**Doors Open at 8:15 AM:** Wrestling Starts at 10:00 AM

- 1 Hour Time Limit Per Session – 15 Minute Intermission

### NYWA Team Rules & Weight Classes: 15 Weights with 6 Alternates

Weights: 45, 50, 55, 60, 65, 70, 75, 80, 84, 88, 93, 102, 115, 130, HWT (215 Max)

### Rules/Referees:

- High School Rules – Adult Referees
- 3 – 1 Minute Periods with Overtime if Needed

### Sign Up:

- Entry Fee is \$150 Per Team - Checks Payable to: HLWW Wrestling Booster

### Trophies:

Team Trophies will be given to 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup>

### Contact:

- Please contact Luke Long with Questions
- Phone: 612-590-2363
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