

## CLINIC SCHEDULE

**10:00-10:30 AM**  
**REGISTRATION/BRUNCH**

**10:30 AM- 11:30 AM**  
**COACHES WELCOME**  
HEAD COACH ROGER KISH

**11:30-12:00 PM**  
**STRENGTH &  
CONDITIONING**  
Zach Cahill

**12:00-12:30**  
**Lunch**

**12:30-1:30 PM**  
**TECHNIQUE**  
J Robinson

**1:30-2:15**  
**TECHNIQUE**  
ASST. COACH JARROD GARNETT

**2:30-3:45 PM**  
**Guest Speaker J. Robinson**  
Former Minnesota Head Coach & National  
Champion

**4:00-5:15 pm**  
**NDSU BISON PRACTICE**

**5:15-5:45 PM**  
**DINNER**

**5:45-6:15 PM**  
**DIE'TITIAN**  
Samantha Fuhrman

**6:15-6:45 PM**  
**ATHLETIC TRAINING**  
Mike Kjellerson

**6:45-7:00 PM**  
**FINAL Q&A**

**8:00 PM**  
**SOCIAL @ TBA**

Scale Certification Service provided by  
Brandon Gruchow/MN BeFour Scales  
and Calibration Services.

Contact Brandon for more info:  
Gruchow2gmail.com  
Cell: 218-770-8979

**Registration questions:**  
Please contact Nancy Erickson  
(701) 231-7447 or  
nancy.erickson@ndsu.edu

**For general clinic questions:**  
Please contact Jarrod Garnett  
(701) 238-4214 or  
[jarrod.garnett@ndsu.edu](mailto:jarrod.garnett@ndsu.edu)

## Bison Wrestling Club Coaches Clinic

**DATE:** Thursday, October 18, 2018

**LOCATION:** Sanford Health Athletic Complex  
1600 N. University Dr. – Fargo, ND 58102

**TIME:** 10:00 AM

**\$100 FIRST COACH /\$75 FOR EACH ADDITIONAL  
COACH PER HIGH SCHOOL**

**\*\*\* Price change After Oct. 1 \*\*\***  
**\$150 first coach / \$125 for each additional**



Fill out, detach and return to address at bottom of form

Head Coach \_\_\_\_\_ **TM**

School \_\_\_\_\_

Work or Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Coaches attending clinic: (Name & Email)

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

Amount Enclosed \$ \_\_\_\_\_

Please make checks payable to **Bison Wrestling Club** Please  
attach this section with payment and return to Bison Wrestling  
Club – NDSU Dept. 1200 –  
P.O. Box 6050 - Fargo, ND 58108