



LCWM Knights



Date: December 29, 2018

Location: Lake Crystal Wellcome Memorial High School
607 Knights Lane
Lake Crystal, MN 56055

Admission: Adults \$5, Kids free

Team Admission Fee- \$150/team (Includes up to 3 coaches)

Open to first 8 advanced payment registered teams (Checks to: LCWM Wrestling Club)

Tournament Details: K-6th Grade

Weight Classes: 45, 50, 55, 60, 65, 70, 75, 80, 84, 88, 93, 102, 115, 130, HWT (215 lbs)

Alternates: Bring as many as you can or want, will get matches for them when possible. Weigh ins: We will cover the tenths so if wrestler weighs 50.9, they can wrestle at 50. Wrestler can only bump up one weight class so if you have a wrestler at 75 they can wrestle 75 and 80.

Weigh-ins: 7:30AM- 8:30AM (Coaches meeting at 8:45)

Weight at LCWM Individual tournament on Friday 12/28/18 may be used for team tournament

Wrestling starts at 9AM

Wrestling on full mats

Exhibition matches encouraged depending on time

Head Gear required

Bracket format

Team Trophies for 1st , 2nd and 3rd place teams

Concessions available throughout event

For more information please contact: Jacob Quade at 507-525-5459 or by email jquade@gmail.com