

Lancer Wrestling Championships

WHERE: La Crescent High School, 1301 Lancer Blvd., La Crescent, MN 55947

WHEN: Saturday, January 26, 2019

ENTRY FEE & REGISTRATION: REGISTRATION - \$15.00 Pre-Registration Fee, \$18 Day of tournament
Must Pay and Register on Trackwrestling (www.trackwrestling.com) by 10:00pm Thursday January 24, 2019
LIMITED WALK INS – NO USA Card Required
Trackwrestling expert on site

CHECK-IN: **Wrestlers check in Pre-k-5th grade 8:00 to 9:00 a.m., 6th-8th grade 12:00-12:30p.m.**
NO WEIGH INS/ HONOR SYSTEM – Please be sure to enter information accurately when registering. Tournament personnel reserve the right to spot check athletes. If weight is not within reason, wrestler will not be eligible for awards and may forfeit matches and entry fee.

Pre-K-5th Grade - Wrestling Clinic at 9:00a.m. Parade of Champions at 9:45a.m. Wrestling starts after Parade
6th-8th Grade – Assisted Warm-up from La Crescent Coaches at 12:30p.m. Wrestling starts at approximately 1:00pm.

RULES: High School Rules, 3 one minute periods for Pre-K-5th, 2-1-1 for 6th-8th, overtime sudden victory
One Coach in Coach's Corner

GRADES: **Pre-Kindergarten through 8th Grade (Pre-K-1st, 2nd-3rd, 4th-5th, 6th-8th)**

MATS/BRACKETS: 3 Mats/2 Gyms! 4-person round robins where possible

AWARDS: Trophy for 1st Place, Medals for 2nd, 3rd, and 4th Places. **HUGE Trophies for Team Points (\$20 for a team of 8), Team Sportsmanship, and Fastest Pin for each Age Bracket**

ADMISSION: Adults \$3/Children \$1/4 years and under free – **Concessions on Site – No Coolers Please**

For information contact: Greg Ruben – 608-385-4074; email – greg.ruben@bench.com or
Garret Griffin – 920-538-5737; email - lchwrestling@isd300.k12.mn.us

CANCELLATION: In case of bad weather, call 608-385-4074 or 920-538-5737 to verify we are on, no refunds

All wrestlers must have a signed waiver (below) to turn in at Check-in

Name: _____ Grade: _____ Age: _____ Wt. _____

Address: _____ Phone: _____

City: _____ OR, Wrestling Club: _____

I give permission for the person named above to participate in the Lancer Wrestling Club Championships. I waive all claims against the Lancer Mat Club, School District 300, and all persons involved with this tournament, for any injuries from attending, participating in or traveling to and from this event.

Parent or Guardian _____ Date: _____