

Date: January 31, 2019

WANTED JUNIOR and CADET WRESTLERS



To all USA JUNIOR WRESTLERS -- 16U CADET (birth year 2003-2004) -- 2nd year S/B (birth year 2005)

On Saturday March 16th Minnesota/USA Wrestling is hosting a Freestyle and Greco-Roman Kick-Off camp in Shakopee. This camp will be a great opportunity for all 14U (2005 or 2nd year Schoolboy/girl), 16U (2003 or 2004 Cadet) and USA Juniors to get a jump start on the Freestyle/Greco season, and to start to hone the important skills and techniques needed to win a National Title this summer. We will have many of our Senior level Minnesota Storm athletes on hand to interact with each wrestler.

This is a camp that will have high level technique, partners, and coaching. Anyone who is serious about winning at the highest level should be here! We want you there to make sure you are ready for the Freestyle/Greco season, and are getting the little things right all Spring long.

HIGH LEVEL TRAINING FOR JUNIORS AND CADETS

This is a very important camp. Mn/USA age group directors will be there to discuss the upcoming year events and opportunities. 16U (Cadet) Duals, camps and National events. Junior Duals, camps and National events.

Mn/USA State Freestyle Coach (Jayson Ness) and State Greco Roman Coach (Dan Chandler) will have technique information to take home.

[Please Register on Trackwrestling for this Event.](#)

See you all in Shakopee on March 16th! #MNStorm

Camp Schedule

9am - 10am Arrival & On-Site Registration (if needed)

10am - 11:15am Session 1 Freestyle Technique

- Jayson Ness (State Freestyle Coach)

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11:15am - 11:45am Break 1 Rest/Games



- 11:45am - 1:00pm Session 2 Greco Technique
- Dan Chandler (State Greco Coach)
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- 1:00pm - 2:00pm Lunch Break Eat, Nap, Chat
- 2:00pm - 3:30pm Session 3 Freestyle Technique
- Jayson Ness
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- 3:30pm - 4:00pm Break 2 Rest/Games
- 4:00pm - 5:30pm Session 4 Greco Technique
- Dan Chandler
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- 5:30pm - 6:00pm Session 5 Referee Talk
- Tom Kuisle (Mat Officials Director)

Camp Transportation - Buses from the Northeast, Northwest, and Southwest will be provided.

Northwest	Detroit Lakes Alexandria St. Cloud	Mike Fieldler (218-790-3324) mfieldler@detlakes.k12.mn.us
Northeast	Cloquet Grand Rapids Aitken Princeton	Champ Hesch (218-821-7842) Email champhesch@hotmail.com Mike Schauer (218-259-1220) Email schauerconcrete@yahoo.com
Southwest	Marshall Redwood Falls	Brett Bartholomous (507-920-6213) Brettbartholomous@rrcfalcons.org

Note there is limited space with Bus Registration deadline of March 10, 2019.

