

11th Annual
Northwest Old-Timers Wrestling Tournament
Detroit Lakes, Minnesota

- DATE & TIME: Saturday, March 30th, 2019 at 4:00 p.m.
- LOCATION: Detroit Lakes High School, 1311 Roosevelt Avenue, Detroit Lakes, MN
- AGE BRACKETS: College Age: 19-26 (approximate), Old Timer: 27 (approximate) & older
All competitors must be one year removed from high school or college competition
- WEIGHT BRACKETS: Scratch weights – after weigh-ins, wrestlers will be grouped by weight and age into 4 or 8-man brackets wherever possible
- RULES: Folk-style rules will apply. Matches consist of three 1-minute periods with 1 minute of rest in between periods. The tournament is double elimination with forward and back brackets. Singlets and headgear are not required. However, baggy clothing is not allowed, and participants must wear wrestling shoes.
- TEAM ENTRIES: Up to 5 wrestlers may enter the tournament as a team. Team points will be awarded based on each individual's performance.
- AWARDS: Prizes will be given to the champion in each bracket, to the oldest wrestler, and to the wrestler who traveled the longest distance to get to the tournament. A trophy will be given to the team that earns the most points in the tournament.
- WEIGH-INS: 2:30 to 3:00 p.m., Saturday, March 30th
- REGISTRATION: The entry fee for individuals is \$20.00, and must be paid at the time of weigh-in. The entry fee for each team is an additional \$25.00 per team. Make checks payable to the DL Wrestling Boosters. Pay at the time of weigh-ins, or mail advance registrations to:
Tom Trowbridge 1092 Villa Lane, Detroit Lakes, MN 56501
- INFORMATION: Join our "Northwest Old Timer Tournament" group on Facebook. For information on past tournaments, go to www.theguillotine.com, click on Youth/Opens, and look for the Northwest Old-Timers Tournament. Or call or text Tom Trowbridge at (218) 234-0851.
- LODGING: DL Chamber of Commerce (800) 542-3992 or dlchamber@lakesnet.net

ENTRY FORM

NAME _____ AGE _____ WEIGHT _____

ADDRESS _____

TELEPHONE # _____ COLLEGE WRESTLING EXPERIENCE: YES / NO

Upon entering the Northwest Old-Timers Tournament, I hereby waive all claims to injury and damage I may have against the sponsors of this tournament, the committee in charge, officials, Detroit Lakes Public Schools, and any other person helping with this tournament.

SIGNATURE _____ DATE _____