

*Minnesota Wrestling Coaches Association*  
**Mr. Minnesota Nomination**

# Deadline - February 25th

## Instructions

The HEAD COACH must fill out this form and get it signed by either the AD or Principal. Then the form should be **SCANNED & EMAILED** to all of the following people:

Neil Jennissen- [njennissen@c-ischools.org](mailto:njennissen@c-ischools.org)  
Joel Skillings- [joel.skillings@minneotaschools.org](mailto:joel.skillings@minneotaschools.org)  
Shawn Frederixon- [sfrederixon@isd2144.org](mailto:sfrederixon@isd2144.org)  
Kip Lynk - [kip.lynk@gmail.com](mailto:kip.lynk@gmail.com)  
Bill Schmidt - [williamaschmidt@yahoo.com](mailto:williamaschmidt@yahoo.com)

## Selection Process

After receiving the applications, members of the committee will review them and watch those wrestlers at the state tournament. In the week following the state tournament, the committee will submit a ballot to choose the winner of the award.

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Wrestler's Name \_\_\_\_\_

Coach's Name \_\_\_\_\_

**Wrestling Accomplishments**

Record this year: \_\_\_\_\_ Career record: \_\_\_\_\_

State Placings (Year, Weight Class, Place) \_\_\_\_\_

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**Character**

Please list any activities (whether inside or outside school) that are not wrestling-related in which this athlete is involved:

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Has this wrestler had any MSHSL violations during his career? (circle one):

Yes                  No

AD/Principal's Signature

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