



When: Saturday April 18<sup>th</sup>, 2020

Where: Elk River High School

Admission: \$5 per adult not wrestling \$3 per student, Children 5 and under are FREE

**Team Dual Tournament – Limited to the first 16 teams**

- Weigh-ins: 8:30-9:30am
- Wrestling: Starts at 10:00am
- Details: Teams of 6 wrestlers and 3 alternates
- forfeit empty weight class if less than 6 wrestles.
- Weights: 145,160, 175, 190, 215, HWT (max 285)
- ENTRY: \$150 per team – pre-registration /payment by March 31, 2018

Team Registration form at [www.elkriverwrestling.com/old-timers-tournament](http://www.elkriverwrestling.com/old-timers-tournament)

**INDIVIDUAL TOURNAMENT:**

- **WEIGH-INS:** 12:00 – 1:00pm
- **WRESTLING:** Starts at approximately 2:00pm
- **DETAILS:** 4 man and 3-man Round Robins Brackets based on age, weight and experience Novice Wrestlers Welcome!!
- **ENTRY:** \$25 per individual – register at the door, no pre-registration
- **RULES:** High School League Rules
- **AGE:** All wrestlers in both tournaments must be high school graduates and not actively competing in a collegiate level program
- **PERIODS:** 3 periods (1-1-1) with 1-minute rest between periods
- **PRIZES:** T-shirts for 1st place Team and Individuals

FOR MORE INFORMATION CONTACT Rob Erickson AT [rob@fazhomes.com](mailto:rob@fazhomes.com) OR 763-244-6026. OR, VISIT [WWW.ELKRIVERWRESTLING.COM](http://WWW.ELKRIVERWRESTLING.COM) ALL PROCEEDS FUND THE ELK RIVER K-12 WRESTLING PROGRAM