

Important COVID related precautions:
- *To help with social distancing, one or two paid adult admissions allowed per wrestler.*
- *Masks are required on everyone, the only exception is when an athlete is wrestling matches.*

TEAM AWARDS!!! Team picture plaques will be awarded to the top 4 teams/clubs. Points will be given for all wrestlers that your team/club brings. 1st = 4 team points, 2nd = 3 team points, 3rd = 2 team points, and 4th = 1 team point. Bring as many wrestlers as possible to increase the chances of taking home a plaque.

FRIDAY, NOVEMBER 27, 2020

Lake Mills Wrestling Club Tournament

(Snow dates: Sat., Nov. 28, then Sun., Nov. 29)
Lake Mills School, 102 S 4th Ave East, Lake Mills, IA 50450

Entry Fee: \$16 online only through Trackwrestling.com. Limited to 200 wrestlers.

Direct Link: http://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=192973132

K-Prep through 8th Grade (2 gyms, 9 mats used)
K-4 wrestles in HS gym, 5th-8th wrestle in the MS Gym
(Tournament averages over 350 wrestlers and lasts only 3.5 to 4 hours!)

High School Gym

<u>Grade</u>	<u>Weigh In Time</u>	<u>Approx. Wrestling Time</u>
Division I- K Prep & K	11:30 am – 12:30 pm	1:15
Division II- 1 st & 2 nd grade	12:00 am – 12:45 pm	follows K-Prep & K
Division III- 3 rd & 4 th grade	2:00 pm – 2:30 pm	follows 1st & 2 nd grade

Middle School Gym

<u>Grade</u>	<u>Weigh In Time</u>	<u>Approx. Wrestling Time</u>
Division IV- 5 th & 6 th grade	12:30 pm – 1:00 pm	1:45
Division V- 7 th & 8 th grade	1:30 pm – 2:00 pm	follows 5 th & 6 th grade

Round Robin Tournament. Four person brackets. Everyone wrestles 3 times, if possible. Medals awarded to all four places. Awards handed out when bracket has completed wrestling.

Tournament Rules:

- 1) *Due to COVID, masks are required on everyone, the only exception is when an athlete is wrestling matches.*
- 2) Concession stands available-Sponsored by the LM Wrestling Club.
- 3) Coaching at mat side.
- 4) KPrep-6th matches will consist of three, one minute periods. 7th-8th will be 2-1-1. Overtime will be sudden death and first to score wins.
- 5) Anyone causing trouble or doing damage in the facility will be held responsible for them and will be ineligible for the rest of the day.
- 6) When a participant is not on deck, or wrestling, he/she is expected to be in the bleachers.
- 7) Participants will be responsible for any lost items.
- 8) Injuries must be reported to the meet director the day of the tournament.
- 9) Showers are available. Bring your own towel.
- 10) Admission will be charged to everyone except participating wrestlers.
- 11) No sweatpants, sweatshirts, or jeans.
- 12) Skin diseases: Anyone with skin problems will not be allowed to participate. This includes cold sores, impetigo, boils, and ringworm.

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