



# REVOLUTION TRAINING AND SCHOOL OF WRESTLING CAMPS

## CAMP COACH: ENOCK FRANCOIS

■ PARTICIPATED IN FIVE YEARS OF COLLEGIATE ATHLETICS IN WRESTLING, ONE OF WHICH WAS A REDSHIRT YEAR WITH A RECORD OF 140 WINS AND 16 LOSSES. ■ THREE TIME COLLEGIATE ALL-AMERICAN WRESTLER AND ONE TIME NATIONAL FINALIST ■ SENIOR NATIONALS PLACE WINNER 2014, 2015, 2016, AND 2017 ■ UNITED STATES SENIOR WRESTLING RANKING 6TH ■ 4TH PLACE FINISH AT 2015 USA WRESTLING WORLD TEAM TRIALS CHALLENGE TOURNAMENT ■ 2016 OLYMPIC TRIALS USA WRESTLING QUALIFIER ■ 2017 UNITED STATES SENIOR WRESTLING GRECO NATIONAL TEAM MEMBER

■ (T): WRESTLER\_4LIFE  
 (IG): WRESTLER4LIFE1



## GRECO/FREESTYLE TECHNIQUE CAMP

**GRADES 8-12 ADVANCED WRESTLERS**

**Sat. May 1<sup>st</sup> – 9:00-4:00 (Lunch Provided)**

**Cost: \$100/wrestler**

**CAMP COACH: FRANCOIS & MARKHAM**

**CAPACITY – 35 wrestler limit**

### Camp Registration:

[https://docs.google.com/forms/d/e/1FAIpQLSfIXp2oHS3YV19ZU2UQOZjQOjPsBWEEqNxQaaBrjdrLmclqZw/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSfIXp2oHS3YV19ZU2UQOZjQOjPsBWEEqNxQaaBrjdrLmclqZw/viewform?usp=sf_link)

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*One week before Freestyle/GRECO State bring your athlete to this camp for some advanced training opportunities. Both camps will be held at Revolution Training and School of Wrestling: 34 320<sup>th</sup> St., Spring Valley, WI, 54767. Please call with questions: (715) 495-2695.*

## FREESTYLE CAMP

**GRADES 3-7 ADVANCED WRESTLERS**

**Sun. May 2<sup>nd</sup> 8:00-12:00**

**Cost: \$60/wrestler**

**CAMP COACHES: FRANCOIS & MARKHAM**

**CAPACITY – 35 wrestler limit**

## CAMP COACH: JOSH MARKHAM



- 2 TIME NCHSAA STATE PLACER
- NCAA DIVISION 1 WRESTLER FOR OLD DOMINION UNIVERSITY
- (IG): JMARK7496



*“Hard work beats talent, when talent doesn’t work hard”*