



# LCWM Knights



Date: Sunday, January 16, 2022

Location: Lake Crystal Wellcome Memorial High School  
607 Knights Lane  
Lake Crystal, MN 56055

Admission: \$5/adult, School aged kids \$2, Kids 4 and under free  
Team Admission Fee- \$150/team (Includes up to 4 coaches)  
Open to first 8 registered and paid teams (Checks to: LCWM Wrestling Boosters)

Tournament Details: K-3th Grade

Weight Classes: 40, 44, 48, 50, 54, 58, 62, 66, 70, 74, 78, 85, 90, HWT

Alternates: Bring as many as you can or want, will get matches for them when possible. Weigh ins: We will cover the tenths so if wrestler weighs 50.9, they can wrestle at 50. Wrestlers can only bump up one weight class so if you have a wrestler at 75 they can wrestle 75 and 80.

Weigh-ins: 7:30AM- 8:30AM (Coaches meeting at 8:45)

Wrestling starts at 9AM  
Wrestling on full mats  
Exhibition matches encouraged depending on time  
Head Gear required  
Bracket format  
Team Trophies for 1st , 2nd and 3rd place teams  
Concessions available throughout event

For more information please contact: Heather Gilman at 507-381-5340 or by email  
gilmanheather1@gmail.com