



Staples-Motley K-6 Team Duals

Dates: Two tournaments on Sunday, February 6th and Sunday, February 20th

Event: 8-team tournament – 4-team pools and then placement duals – Guaranteed 4 duals

Location: Staples-Motley High School Gym

Team Entry Fee: \$200 per team

Make checks payable to Staples-Motley Wrestling Club

Please send to Dan Bjerga, 7404 120th St SW, Motley MN 56466

Awards: Team trophies for first, second, and third place teams

Concessions: Available throughout the day

Admission: Adults - \$5 Students and Seniors - \$3 Children under 6 - Free

Team Info:

- Grades K - 6th – NYWA Rules – No all-star teams (all wrestlers on each team must attend schools that feed into their high school program)
- Weights: 45, 50, 55, 60, 65, 70, 75, 80, 84, 88, 93, 102, 115, 130, HWT (215 max)
- Alternates: Bring as many as you want. Exhibition matches will be held between rounds.

Tournament Details:

- Weigh-ins from 10:00 - 11:00 a.m. (Tenths will be covered)
- Coaches meeting at 11:15 a.m. with wrestling to begin at 11:30 a.m.
- Wrestling on half mats for pool duals and full mats for placement duals
- High school rules apply – Wrestlers may move up one weight class only – Headgear required
- Matches will consist of three 1-minute periods

Please email Dan Bjerga if you wish to participate. Please state your team and the date or dates in which you plan to attend. The first eight teams to send payment are in.

Contact: Dan Bjerga

Email: dbjerga@brainerd.net

Phone: 320-241-4927

Staples-Motley K-6 Team Duals Roster

Team: _____

Coach: _____

Phone: _____

| Name | Grade |
|-------------|--------------|
| 45 _____ | _____ |
| 50 _____ | _____ |
| 55 _____ | _____ |
| 60 _____ | _____ |
| 65 _____ | _____ |
| 70 _____ | _____ |
| 75 _____ | _____ |
| 80 _____ | _____ |
| 84 _____ | _____ |
| 88 _____ | _____ |
| 93 _____ | _____ |
| 102 _____ | _____ |
| 115 _____ | _____ |
| 130 _____ | _____ |
| HWT _____ | _____ |
| ALT _____ | _____ |
| ALT _____ | _____ |
| ALT _____ | _____ |
| ALT _____ | _____ |
| ALT _____ | _____ |

All entrants assume the risk of injury during the wrestling tournament, and by applying to participate, agree to waive any suit due to injury. I also certify that all the information above is correct and that the wrestlers listed on the roster are eligible to compete with their team based on NYWA Rules.

Coach's Signature: _____