



2022 Last Chance Wrestling Camp

Friday, August 5

8:15-9:00 – Registration/Check-In
9:00-2:30 – Wrestling Sessions

Saturday, August 6

9:00-1:30 – Wrestling Sessions

Sessions will be held at Rippleside Elementary School

Register with Aitkin Community Education

<https://isd1.ce.eleyo.com/course/338/fy22-23/last-chance-wrestling-camp#last-chance-wrestling>

~ Registration Deadline is July 7, 2022 ~

Wrestlers in completed grades K-12 are welcome to register

Fees: \$85 - Individual, \$65 - additional family members

Fee includes 2 days of training, camp t-shirt, and lunch provided both days

Camp Clinicians:

Hayden Zillmer

NCAA All-American
2x Greco-Roman USA National Team Member
2x Freestyle USA National Team Member
3x Minnesota State High School Champion
2x Minnesota State Runner-up

Zach Sanders

5x Minnesota State High School Champion
4x NCAA All-American
Coaching Staff at University of Minnesota

Designed for all wrestlers of any age or experience level. Learn wrestling skills in all 3 positions. Wrestlers are grouped based on age and experience so they can learn at their own pace. Each day campers will have technique sessions and live situations to help implement the skills being taught.