



# STMA OPEN



Wrestling Tournament Sunday, December 4th, 2022

*St. Michael-Albertville High School*

## Grades K-6

### Registration

- \$15 per wrestler - Entry Fee. No fee for spectator admissions. Payment through cash, check, Venmo (@stmawrestling)
- Registration will be on-site at STMA High School

### Format:

- Four man round robin brackets when possible: each wrestler receives 3 matches
- Wrestlers will be grouped by weight and experience
- Concession stand opens at 9:30 A.M.

### Weigh-Ins & Skin Checks:

- Weigh-ins: will be from 8:00 AM-9:00 AM for grades K-3 & 9:30AM-10:30AM for grades 4-6. Weigh-ins will be held in the STMA wrestling room.
- Skin Checks: All wrestlers will go through a skin-check (in the STMA wrestling room) upon arrival.

### Awards:

- Trophies for 1st – 4th places

### Schedule:

<b>Grades</b>	<b>Weigh-ins</b>	<b>Wrestling</b>
K, 1st, 2nd & 3rd Grade	8:00am-9:00am	9:30am-11:30am <i>(estimated)</i>
4th-5th-6th grade	9:30am-10:30am	11:00am-1:30pm <i>(estimated)</i>

### Contact:

- For more information or questions, contact: Dale Nygaard, 763-350-0043

# K-3 Dual Team Format

## **Information:**

- We plan to run an 8 team straight bracket k-3 dual team format.
- K-3 duals will be the same day (12/4/2022), beginning at the conclusion of the k-3 individual competition.
- We will be running it using 4 mats (2 half mats) in our activities center.

## **Cost:**

- \$200 team registration fee. Checks, Cash or Venmo to STMA wrestling.
- No admission fee for spectators.

## **Weigh-ins:**

- Weights will be taken from registration for the individual portion.
- Wrestlers not participating in the individual portion will need to check in by 12:00pm.

## **Eligibility & Rules:**

- We will follow NYWA rules and eligibility guidelines.
- Teams may bring up to 5 alternates, in addition to the wrestlers to cover the weight classes.

## **Awards:**

- Team trophies for 1st & 2nd place

## **Weight Classes:**

- 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, HWT (130lbs max)

## **Schedule:**

*\*\*\*Estimated Rounds of K-3 Dual Team Competition. Rounds 2 & 3 will begin immediately following the conclusion of the preceding round of competition.\*\*\**

- 1st round @12:00pm
- 2nd Round @1:15pm
- 3rd Round @2:30pm

## **Contact:**

- Please contact JR Loftus if you have a k-3 dual team interested in the k-3 dual team competition:

JR Loftus

Cell: 651-308-0873

Email: jrloftus@hotmail.com

