



# NRHEG Youth Wrestling

## All Trophy Tournament

NRHEG High School in New Richland, MN  
(Enter through Northeast Gym Doors)

Saturday, January 7<sup>th</sup>, 2023

10:00AM

Pre-K - 6th Grade

### Weigh-Ins/Registration:

PreK-6th: 8:00 am – 9:00 am

5th and 6th only: 8:30 am – 9:30 am

### Admissions:

\$ 15 / Wrestler

\$ 5 / Adult

\$ 2 / Student

### Individual Format:

High School Rules/Scoring

4-man round robin brackets (when possible)

Bracketing by grade/weight (when possible)

PreK-4th Three 1 - minute periods, ¼ mat

5th-6th Three 1.5 minute periods, ½ mat



Any questions please contact: Tonya Bartsch via e-mail:  
[tonya.marie313@icloud.com](mailto:tonya.marie313@icloud.com)

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Age: \_\_\_\_\_ Weight: \_\_\_\_\_ School/Club: \_\_\_\_\_

\_\_\_\_\_ has my permission to participate in the **NRHEG Panther Youth Wrestling Club Tournament on Saturday January 7<sup>th</sup>, 2023**. I accept all responsibility for his/her behavior. I certify the above information is correct. I waive all claims for damage or injury incurred during this tournament. \_\_\_\_\_ (Signature of Parent or Guardian)