



# Staples-Motley K-6 Team Duals

**Dates:** Two tournaments on Sunday, February 5th and Sunday, February 19<sup>th</sup>

**Event:** 8-team tournament – 4-team pools and then placement duals – Guaranteed 4 duals

**Location:** Staples-Motley High School Gym

**Team Entry Fee:** \$200 per team

Make checks payable to Staples-Motley Wrestling Club

Please send to Dan Bjerga, 7404 120<sup>th</sup> St SW, Motley MN 56466

**Awards:** Team trophies for first, second, and third place teams

**Concessions:** Available throughout the day

**Admission:** Adults - \$5    Students and Seniors - \$3    Children under 6 - Free

## Team Info:

- Grades K - 6<sup>th</sup> – NYWA Rules – No all-star teams (all wrestlers on each team must attend schools that feed into their high school program)
- Weights: 45, 50, 55, 60, 65, 70, 75, 80, 84, 88, 93, 102, 115, 130, HWT (215 max)
- Alternates: Bring as many as you want. Exhibition matches will be held between rounds.

## Tournament Details:

- Weigh-ins from 10:00 - 11:00 a.m. (Tenths will be covered)
- Coaches meeting at 11:15 a.m. with wrestling to begin at 11:30 a.m.
- Wrestling on half mats for pool duals and full mats for placement duals
- High school rules apply – Wrestlers can move up one weight class only – Headgear required
- Matches will consist of three 1-minute periods

**Please email Dan Bjerga if you wish to participate. Please state your team and the date or dates in which you plan to attend. The first eight teams to send payment are in.**

Contact: Dan Bjerga

Email: [dbjerga@brainerd.net](mailto:dbjerga@brainerd.net)

Phone: 320-241-4927

# Staples-Motley K-6 Team Duals Roster

Team: \_\_\_\_\_

Coach: \_\_\_\_\_

Phone: \_\_\_\_\_

<b>Name</b>	<b>Grade</b>
45 _____	_____
50 _____	_____
55 _____	_____
60 _____	_____
65 _____	_____
70 _____	_____
75 _____	_____
80 _____	_____
84 _____	_____
88 _____	_____
93 _____	_____
102 _____	_____
115 _____	_____
130 _____	_____
HWT _____	_____
ALT _____	_____
ALT _____	_____
ALT _____	_____
ALT _____	_____
ALT _____	_____

All entrants assume the risk of injury during the wrestling tournament, and by applying to participate, agree to waive any suit due to injury. I also certify that all the information above is correct and that the wrestlers listed on the roster are eligible to compete with their team based on NYWA Rules.

Coach's Signature: \_\_\_\_\_