



2023 Apple Valley Wrestling MN/USA Freestyle Open Tournament



Saturday April 15th, 2023

Apple Valley High School

14450 Hayes Road

Apple Valley, MN 55124

Enter through the Main Entrance (Door #1)

DOORS WILL OPEN AT 7:30 AM.

REGISTER HERE:

Agenda	Time	Age Group
Session 1 Check In:	7:50 AM. – 8:20 AM.	Juniors (Grades 9 th -12 th born after 9/1/03) Cadets (16U Birth Years 2007-2008)
Session 1 Wrestling:	8:30 AM. – Completion	
Session 2 Check In:	11:30 AM. – 11:50 AM.	6U (2017-2018) & 8U (2015-2016) & 10U (2013-2014) 12U , (2011-2012) & 14U (2009-2010)
Session 2 Wrestling:	12:00 PM – Completion	

(Approximate completion time for Session 1 will be 12:00 PM, each session should run approximately 3.5 hours depending on registrations)

*** All wrestlers MUST check-in as they enter the building, even if they are wrestling in a later session.**

VERY IMPORTANT NOTE: If registered, but your wrestler decides not to wrestle in the tournament, please call the tournament director(s) so we are not waiting for your wrestler to start the session.



REGISTRATION

- A current USA card is needed to register and participate at the tournament
- Pre-register only on Trackwrestling.com via the link above
- Pre-Registration closes the night before the tournament @ 8:00 PM.
- Wrestlers will not be able to register at the door. No walk-up day of event registrations will be allowed.
- There is no limit on the number of wrestlers or spectators allowed in each session.
- Registration is \$17.00 per wrestler (NO REFUNDS if you do not compete at the tournament for any reason).

ADMISSION

- Admission is \$7 per person.
- Children under 5 years old are free.
- We will be accepting cash and card payments at the admissions table.

WEIGH-IN'S & WEIGHT AUDIT

- We will NOT be doing a full-blown on-site weigh-in of every wrestler.
- We will use the weight that the parents signed their wrestler up at during registration to pre-build all the brackets. We are using the "Honor System" with parents to correctly select their wrestlers' weight class.
- We will be doing random weight audits of several bracket each session.
- During check-in, selected wrestlers will be sent over to weight audit. Their weight needs to be within 3% of whatever weight their parents pre-registered them at. For example, if the parent pre-registered their wrestler at 50lbs, their wrestler can weigh no more than 51.5lbs.
- If a wrestler is over-weight, the parent and wrestler must report to the head table immediately. The wrestler will then be removed from the tournament and no refund will be given.

BRACKETS & TOURNAMENT OPERATIONS

- We will be using 5-Man Round Robins (whenever possible).
- All bracketing and tournament results/mat assignments will be run via TrackWrestling

AWARDS

- We are placing 1st – 4th.

CONCESSIONS

- There will be concession on-site all day long.
- We will be accepting cash and card payments at the concession stand.

VENUE DETAILS

- JR Wrestling will be onsite selling wrestling gear and apparel.

CONTACT INFORMATION

- Tournament Director – Josh Barlage Joshua.barlage@district196.org (612) 385-4533
- Track Wrestling Expert – Tony Wolfbauer Anthony.wolfbauer@edinaschools.org (952) 484-6026