

New Prague Youth Wrestling

YOUTH DUALS

Sunday, December 3rd, 2023

AGES: preK - 6

NEW PRAGUE HIGH SCHOOL: 221 12th Street NE, New Prague, MN 56071

- FORMAT:**
- 12 team tournament.
 - No club teams.
 - We will follow NYWA rules for team eligibility.
 - Each team will get 5 duals in six rounds of wrestling.
 - In the final pool each team will have a bye round.
 - Wrestling will take place on 6 full sized mats!
 - Folk Style 1:00 periods
 - Weights (tenths are covered 45=45.9 or under)
45, 50, 55, 60, 65, 70, 75, 80, 84, 88, 93, 102, 115,
130, HWT (max 215)

**Wrestling
Starts at
10:00 am**

WEIGH-INS: 8:30-9:30 (must weigh in as a team)

COACHES MEETING: 9:45

WRESTLING STARTS: 10:00

AWARDS: Top three teams and the winner of each
of the other three pools.

COST: \$250/team

ADMISSION: Adults \$5. Kids free.

CONTACT:

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