

# LCWM Area Open Wrestling Tournament

Friday, January 19th 2024

Lake Crystal Wellcome Memorial Secondary School  
LCWM High School  
607 Knights Lane, Lake Crystal MN 56055

**Cost:** \$14.00 per Wrestler **Pre-K thru 6th Grade**

**Admission:** Adults \$5.00 School aged kids \$2.00

**Weigh ins and Registration:** PK-3 4:30 - 5:30pm  
4-6th weigh ins till 6:00

Wrestling starts at 6:15pm or as soon as bracketing is done

**Matches:** Four person brackets, three one minute periods, round robin when possible.

**Eligibility:** Will be paired by grade level and ability as best as we can.

**Awards:** Medals for 1st - 4th Place

**Officials:** LCWM Wrestlers & Wrestling Club Members

**Questions:** Contact Heather Gilman (507)381-5340 or lcwmarea@gmail.com  
CONCESSIONS AVAILABLE ( No Coolers Please! )

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Name \_\_\_\_\_ School/Club \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_ Phone# \_\_\_\_\_ Age \_\_\_\_\_ Weight \_\_\_\_\_

Notice to parents or Guardians:

**Ability Level:**      **Rookie**      **Intermediate**      **Veteran 75+ matches**

I certify that \_\_\_\_\_ is \_\_\_\_\_ yrs old and has my permission to compete in the LCWM Wrestling Tournament. I accept responsibility for his/her behavior and by participant agree to waive any suit to injury.

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Parent or Guardian Signature/Date (Required)

Please Print Name Here