



Saint James K-6 Duals



January 7th 2024

Saint James High School
1001 10th Avenue North
Saint James, MN 56081

9-10am

Weigh-ins/skin checks.

Teams will be given
a specific time to report
as a group.

10:30am

Wrestling begins.

Concessions All Day

Admission:

\$5 all ages 11+

Children 10 and under are FREE

3 - one min periods

Paid officials

Full size mats

Two brackets

Round robin style

TEAM INFO

8 Team Tournament

16 weight classes
22 wrestlers per team
Roster submitted by 12/31

School-based teams only
(no traveling or academy teams)

Weights: 45,50,55,60,65,70,75,
80,84,88,93,102,115,130,175,
and heavy weight (215 max)
Tenths will be covered

Athletes **cannot** be older
than **12** on day of tournament,
this will be strictly enforced.

Each team supplies
a table worker

Fee: \$300 per team
payable to Saint James
Cyclones Wrestling

MSHSL rules

BIG Champion Trophy
2nd Place Trophy
1st-4th place medals

To Register Contact Tricia @ stjamescyclonewrestling@gmail.com

Follow us on Facebook: St James Cyclones Wrestling