

Bemidji Blue Ox
Girls Wrestling Tournament
December 16th, 2023 - Bemidji High School
7-12th grade High School Division
K-6th grade Elementary Division

9:00 am **High School weigh-in** and skin check @ Bemidji High School
9:00am-10:00am Elementary registration and weigh in @ Bemidji High School
11:00 am – wrestling begins

Four mats with two separate tournaments: K-6th and 7th -12th .

K-6 Brackets by grade and similar weight

7-12 High School weight classes to include:

100 106 112 118 124 130 136 142 148 155 170 190 235

(there will be a 1# allowance due to consecutive days of competition).

HIGH SCHOOL Champions receive a custom fleece blanket!

Cost: \$20 per wrestler payable at the event (\$250 team max):

Checks to Bemidji Wrestling Club

Wrestlers and teams must be paid to participate!

Admissions:

- Adults \$7
- Students K-12 \$5
- under 5 years old free

Concessions will be available.

High School teams/coaches will receive an invitation through Trackwrestling.

Please email Rance Bahr with number of girls and age that plan to attend.

If you have any questions contact: Rance Bahr 218-308-0418

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