

# DOVER-EYOTA YOUTH DUALS



## FORMAT:

- 8 Team Tournament
  - NYWA Rules for Eligibility
  - Each team will get 5 duals in 5 rounds (Pool play & Medal round)
    - 1 Minute Periods
  - Weights: 45, 50, 55, 60, 65, 70, 75, 80, 84, 93, 102, 115, 130, HWT (Max 215)
    - (Tenths are Covered)
    - Trophy Awards
- \*Each team needs to provide 1 table worker\*

**PRE K - 6TH GRADE**

**SUNDAY  
JANUARY 14, 2024**

**WEIGH INS • 830-930AM  
COACHES MEETING • 930 AM  
WRESTLING STARTS • 10 AM**

PLEASE FILL OUT THE GOOGLE DOC  
ATTACHED TO THE QR CODE FOR SIGN  
UP!

**DOVER EYOTA HIGH SCHOOL  
615 SOUTH AVENUE SE**

CONTACT MINDY SHEA  
507-259-7458

\$225 PER TEAM  
FULL MATS