

JR. JACKHAMMER



Please join us for the 1st Annual Junior Jackhammer Tournament hosted by LAMR Youth Wrestling on Sunday December 17th following the High School Jackhammer Tournament.

When: Sunday December 17th, 2023

Where: Pequot Lakes High School

Weigh-Ins: 8:00 AM- 10:30 AM

Wrestling Starts at 11:00 Am

Grades PreK-6th • 4-Man Round Robin

Medals will be awarded.

\$15/wrestler Registration Fee

If you have any questions or concerns, please reach out to:

Head Coach- Triston Rubner: 218-831-7998

Brent Johnson: 218-820-2025

Brittany Sonenstahl: 218-838-3430

Wrestler Name: _____ Grade/Age: _____

School/Program: _____ Years Experience: _____

Emergency Contact Name: _____ Phone: _____

Parent/Guardian Signature: _____ Date: _____